

Adoption Related Services of Pinellas
8800 49th Street N. Suite 212 ♦ Pinellas Park, FL 33782
Fax: (727) 865-5178

CONSENT FOR TREATMENT

CLIENT NAME	DATE OF BIRTH
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I, the undersigned, a Parent, Legal Guardian, or Authorized Representative of the client named above, authorize Adoption Related Services of Pinellas to provide treatment as it pertains to assessment, treatment planning, monitoring, counseling, crisis intervention and other mental health services as needed.

- Assessment includes the collection of data and observations to provide a diagnosis, determine the strengths and needs of the child and family, and determine the modality of treatment that will best serve the individual needs of the child and family.
- Treatment planning includes collaboration with the child and family to determine treatment goals and measurable behavioral objectives that will be addressed during the course of treatment.
- Ongoing monitoring of the counseling process and outcome are also crucial elements of treatment.
- Individual and family counseling services address the emotional and/or behavioral symptoms that were the cause for initiation of treatment.
- Crisis intervention services are offered when there is a need for additional counseling or support services between regularly scheduled appointments.

The mental health treatment of children is sought for a variety of reasons. Among these is the desire to help children with emotional difficulties improve their interpersonal relationships, modify undesirable behavior, improve social functioning, improve academic achievement, and successfully live in the community.

Common positive side effects of mental health treatment are a decrease of symptoms and behaviors for which therapy was sought, increased feelings of personal well-being, improvement in interpersonal relationships, and improved social functioning. Common negative side effects include a temporary increase in symptomatic behavior while change is taking place and a lack of desire to continue treatment. These negative side effects can typically be overcome as long as there is a desire and motivation for change.

Mental health treatment modalities include, but are not limited to, the following:

- Interpersonal therapies (Humanistic, Gestalt, Transactional Analysis)
- Cognitive-Behavioral Therapies (Rational Emotive Behavioral Therapy)
- Other Psychotherapies (Humanistic, Solution-Focused, Narrative)
- Marriage and Family Therapies (Systemic, Structural, Strategic)

Approximate length of treatment is dependent on the modality used, the severity of the symptoms and the length of time the symptoms have been present, among other factors. On average, treatment lasts from six months to one year.

I understand that this consent can be revoked orally or in writing at any time during treatment. No guarantee or assurance has been made to me as to the results that may be obtained. I have read and fully understand this Consent for Treatment.

 Signature of Client (if minor, Parent and/or Legal Guardian/Authorized Representative must also sign)

 Date

 Signature of Parent / Legal Guardian / Authorized Representative (circle all that apply)

 Date

 Signature of Parent / Legal Guardian / Authorized Representative (circle all that apply)

 Date

 Signature of Counselor / Witness

 Date